



WATERDOGS 2024!

Water Safety Classes in Tomales Bay



Location

Hearts Desire Beach
1100 Pierce Point Rd.
Inverness, CA 94937

Two-week session

July 22 – August 2
Monday – Friday Afternoon

Youth 6 to 17 years old

Tuition \$100

Limited scholarships available for West Marin residents

Additional applications are available at

www.westmarincommunityservices.org/waterdogs2024/

Turn in your application* by Friday May 15 by 5pm

415-663-8361 waterdogs@westmarincs.org

11431 Highway 1, Suite 10, PO Box 1093, Point Reyes Station, CA 94956

Door faces Mesa Rd.

*Note: Completion of this application does not secure enrollment. You will receive follow-up communications by Monday June 3 about the status of your application.

Tomales Bay Waterdogs 2024

To guarantee your child's enrollment in the program, ensure the safety of your child, and to maximize class time, please take a moment to read the enclosed information.

FORMS CHECKLIST:

- APPLICATION – page 4
- PROGRAM WAIVER AND EMERGENCY CONTACT – page 6
- POOL WAIVER AND PHOTO RELEASE FORM – page 7

ALL THREE FORMS MUST BE SIGNED AND RETURNED by May 15 at 5pm.

Fully completed applications can be emailed to waterdogs@westmarincs.org or dropped off:

- **WMCS Resource Center and Food Pantry**

11431 Highway 1, Suite 10*, Point Reyes Station CA 94956

Monday, Wednesday, and Friday: 9am – 12pm, Tuesday and Thursday: 1 – 4pm

*Door is on Mesa Rd.

- **WMCS Youth Center**

West Marin Elementary School – 11550 Shoreline Hwy, Point Reyes Station, CA 94956

Monday through Friday: 3 – 6pm on school days

Completion of this application does not secure enrollment. You will receive follow-up communications by Monday June 3 about the status of your application.

Tuition is \$100 per child.

Upon being accepted to the program, you will be given several options to complete payment.

We will be teaching children and youth 6 – 17 years old to complete Learn-to-Swim (LTS) Levels 1 – 4 (see page 5). We will not instruct Levels 5 and 6.



WEST MARIN COMMUNITY SERVICES

Every one. All ways.

General Information

ENROLLMENT PROCESS:

By completing this form, your child will be considered for the Tomales Bay Waterdogs learn-to-swim program for water safety. Upon approval, WMCS will contact you to confirm enrollment status and collect payment. **NO PAYMENT IS NECESSARY AT THIS TIME.**

CLASSES:

- **Monday – Friday July 22 – August 2 at Hearts Desire Beach, Inverness CA 94937**
- **All students must be on time for class** (Allow 15 minutes to park and change into swim gear. Class time will be assigned upon acceptance to the program since groups will be based on children’s skill level and age.
 - 1 – 1:30pm
 - 1:40 – 2:10pm
 - 2:20 – 2:50pm
- **All children must be accompanied by a designated adult to all swimming classes.**

SCHOLARSHIPS:

- A limited number of scholarships are available for West Marin residents. Please contact WMCS for a scholarship application form.
- Please consider donating to sponsor a child through the Waterdogs’ Scholarship Fund.
- You will be asked about your need for a scholarship and willingness to donate once your child is accepted to the program.

POOL TESTING:

- **The testing will be July 31 and August 1 at a pool in West Marin (address TBA).** Students will be tested at their assigned time. Late arrivals will not be tested.
- **An adult must accompany the child.** No additional children will be allowed.

FINAL DAY OF WATERDOGS AUGUST 2:

All participants will meet at Hearts Desire Beach, at 1:00 pm for the Presentation of Certificates followed by a celebration of the children’ accomplishments. We encourage all parents to participate and bring snacks to share!



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Every one. All ways.

Waterdogs 2024 Application

The 2024 Waterdogs Swim Program sponsored by WMCS Youth Services will be **Monday – Friday July 22 – August 2 at Hearts Desire Beach, Inverness, CA 94937**. Students must be 6 years and older. Those who successfully complete the classes will receive a Red Cross Swim Certificate. **The cost is \$100.00 per student. A limited number of scholarships are available for West Marin Residents.**

My child, _____ (child’s name) has my permission to take the American Red Cross classes sponsored by WMCS and held at Hearts Desire Beach in Tomales Bay State Park in Inverness and **will be accompanied by an adult,**

_____ (parent’s name).

Child’s Date of Birth _____

Child’s current swim level (Based on table below) _____

Parent/Guardian Signature _____

Date _____

Phone number _____

Address _____

Anything we should know about your child? _____



Red Cross Learn-to-Swim Levels

<p>Level 1 Intro. to Water Skills</p>	<p>Must be at least 6 years old, no swimming prerequisites. Orientation to the aquatic environment.</p>
<p>Level 2 Fundamental Aquatic Skills</p>	<p>Prerequisites for this level are that swimmers can independently:</p> <ul style="list-style-type: none"> • Glide on front for at least 2 body lengths. • Roll to a back float for 5 seconds. • Recover to a vertical position without assistance. • Enter and exit the water.
<p>Level 3 Stroke Development</p>	<p>Prerequisites for this level are that swimmers can independently:</p> <ul style="list-style-type: none"> • All skills described in Level 2. • Tread or float for at least 15 seconds then swim on front and/or back for 5 body lengths. • Back float for 15 seconds, roll to front, then recover to a vertical position. • Push off wall and swim using combined arm and leg actions on front for 5 body lengths, roll to back, float for 15 seconds, roll to front, then continue swimming for at least 5 body lengths. • Enter and exit the water.
<p>Level 4 Stroke Improvement</p>	<p>Prerequisites for this level are that swimmers can independently:</p> <ul style="list-style-type: none"> • All skills described in Level 2 and 3. • Jump into deep water, recover to the surface, maintain position by treading or floating for 1 minute, rotate one complete turn, then swim front crawl (freestyle) or elementary backstroke for 25 yards. • Push off the wall in a streamlined position, then swim front crawl (freestyle) for 15 yards, change position and direction as necessary, then swim elementary backstroke for 15 yards. • Enter and exit the water.

Waterdogs 2024 Swim Program Waiver

I hereby absolve WMCS and Tomales Bay State Park of any and all responsibility for the safety of my child and myself while participating in the Waterdogs Swim Program.

I understand that my child is to be accompanied to all classes by an adult, and that person has sole responsibility for my child both in and out of the water, even during lesson time.

Beach Adult Chaperone Information

My child will be accompanied by (print name) _____

Relationship to child _____

Chaperone Phone number _____

Email _____

Parent/Guardian

Signature _____ Date _____

Emergency Contact

Name (printed) _____

Relationship to child _____

Phone Number _____

Swim Test Pool Release Form

The test will occur at a pool on Wednesday July 31 and Thursday August 1. The address and times will be announced during the first week of the session. **NO STUDENT WILL BE ADMITTED IN THE POOL IF HE/SHE HAS NOT RETURNED THIS FORM. PLEASE BE SURE YOUR CHILD IS ON TIME FOR THEIR ASSIGNED SWIM TEST. NO STUDENT WILL BE ADMITTED AFTER THE HOUR ASSIGNED TO HIS OR HER TEST.**

I, _____, parent of _____, hereby accept full responsibility and release all others from any liability or obligation during the use of the pool and patio facilities.

Parent Signature _____ Date _____

Photograph Release Agreement

I hereby give West Marin Community Services permission to use photos of my child for Youth Program-related promotions, including websites, program communications, flyers, and other Youth Program-related purposes.

Signature _____ Date _____

